

Vol IV February 2012



Genetic Code of Homoeopathy



an e-Journal based on the teachings of
Dr. Prafull Vijayakar's Predictive Homoeopathy

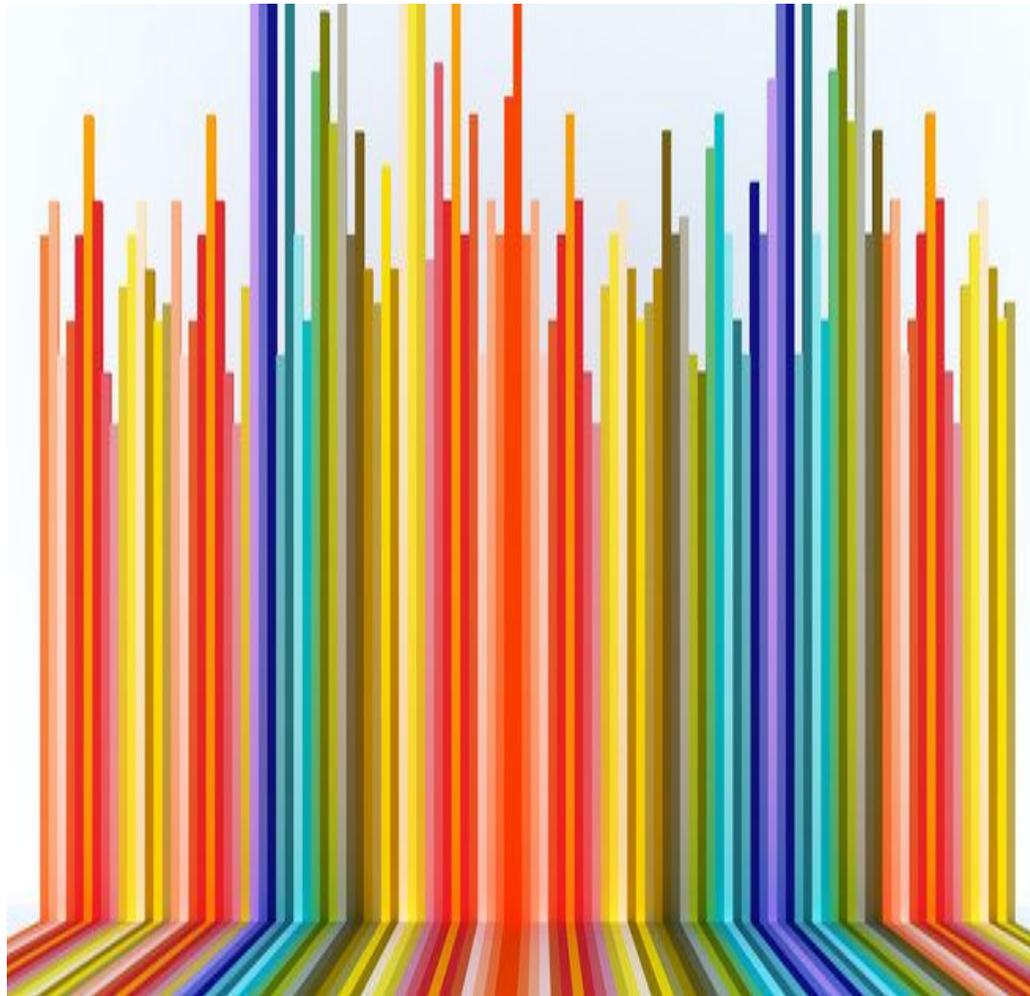
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The table of contents is represented by a pyramid of colorful blocks. The top block is orange and contains an icon of a pen and the word 'Editorial'. The second row has two blocks: a purple block with a clipboard icon labeled 'Case Taking' and a yellow block with a spider icon labeled 'Tarentula'. The third row has three blocks: a red block with a glass of liquid icon labeled 'Hot & Thirstless', a purple block with a baby's face icon labeled 'Mischievous', and a red block with a height chart icon labeled 'Growth'. The bottom row has four blocks: a blue block with a crying baby icon labeled 'Cry', a green block with three baby faces icon labeled 'Types of Cries', a blue block with a stethoscope icon labeled 'Cases', and a green block with a calendar icon showing the number '20' labeled 'News'.

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Editorial



“Childhood is the most beautiful of all life's seasons”. “There is a garden in every childhood, an enchanted place where colors are brighter, the air softer, and the morning more fragrant than ever again” says Elizabeth Lawrence.

The child's world is full of imagination and play. It is filled with toys and play, fairies and angels. Simple wants of food and love can curl their lips into beautiful smiles. Their soft tender hands and feet, pearls of laughter and all the chattering around makes the place come to life. Are'nt children truly adorable!

Ofcourse children do form a large chunk of our patients and so we begin the year with a very special issue on 'Paediatrics'. We extend our warm and heartfelt greetings to all of you.

Why paediatrics? Learning to prescribe in children from Dr. Prafull Vijayakar has always been an enriching experience. We remember the times when Dr Vijayakar would merely look at an infant of one month and prescribe, listen to the cry of a child outside the consulting room and prescribe. When asked what was the basis of prescription, he would say, “Look at the child's eyes, see the contempt, she is platina”, or look at that face, it is lycopodium or listen to a child narrating a poetry and prescribe .In our student days we would fail to see the contempt and wonder how to see the contempt in the child's eyes. “Listen to that angry cry of that chammomila infant”. The infant was called into the cabin, given a dose of chamomilla and within seconds the baby stopped crying. A complete case taken would always match these snap shot prescriptions. Thorough knowledge of material medica, repertory, sound, alert senses and a quick, analytical mind helps in quick prescribing.



Dr Vijayakar has developed a very systematic approach in examining patients. In the clinic, in seminars and workshops he enthusiastically and openly teaches these methods clinically tested over the years.

One would wonder where all the fairies have vanished from the story books. How simple pleasurable cartoons are replaced by ugly, violent characters. How simple toys are replaced by super expensive gadgets and outdoor play is slowly getting replaced by hooking on to computers, TV and other gadgets.

Similarly simple cold, cough, diarrhoeas, the most common childhood complaints a physician would encounter are now changing into asthmas requiring nebulisation and hospitalization. Learning disorders are increasing, childhood depression and suicides are growing concerns amongst parents. Hypertension and endocrinal disorders are seen at a young age, leucodermas are on the prowl and so are deadly cancers.

The psora is briskly sprinting to sycosis and sycosis is making a dash for syphilis. Genes are changing gears ever so rapidly. As physicians we can do more than just stand by and shed a tear. As homoeopathic physicians we can do lots more. We are fully equipped with a compass of Hering's law to guide us in every case, we are equipped with knowledge of miasms and its application in every case. As predictive homoeopaths, we have the knowledge how to apply the principles of homoeopathy correctly in every case. Under the guidance of Dr Prafull Vijayakar every predictive homoeopath can venture to treat not only psoric and sycotic cases successfully but also treat the hopeless so called incurable cases successfully.

In our current issue, we begin with Case taking in paediatrics. The importance of observation in paediatric case taking is highlighted.

We go on to a complete picture of the remedy Tarentula and also see how we can differentiate children who fall in the Hot and Thirstless group of remedies.

What is a child's world without fun, mischief and play? Every child will have a different way of playing mischief. In the current issue we differentiate the various remedies in the rubric 'Mischievous' in the repertory section. We have a section on growth and development in children and common and uncommon causes of crying in children.

Our section on cases has interesting cases by Dr Prafull Vijayakar, Dr Prafull Borkar, Dr Sanjay Laazar and Dr Chimthanwala.

Let us keep in mind a quote by John F Kennedy, "Children are the world's most valuable resource and its best hope for the future."

We will be happy to have your feedback at info@geneticcodeofhomoeopathy.com

Aude Sapare,
Team Genetic Code of Homoeopathy.



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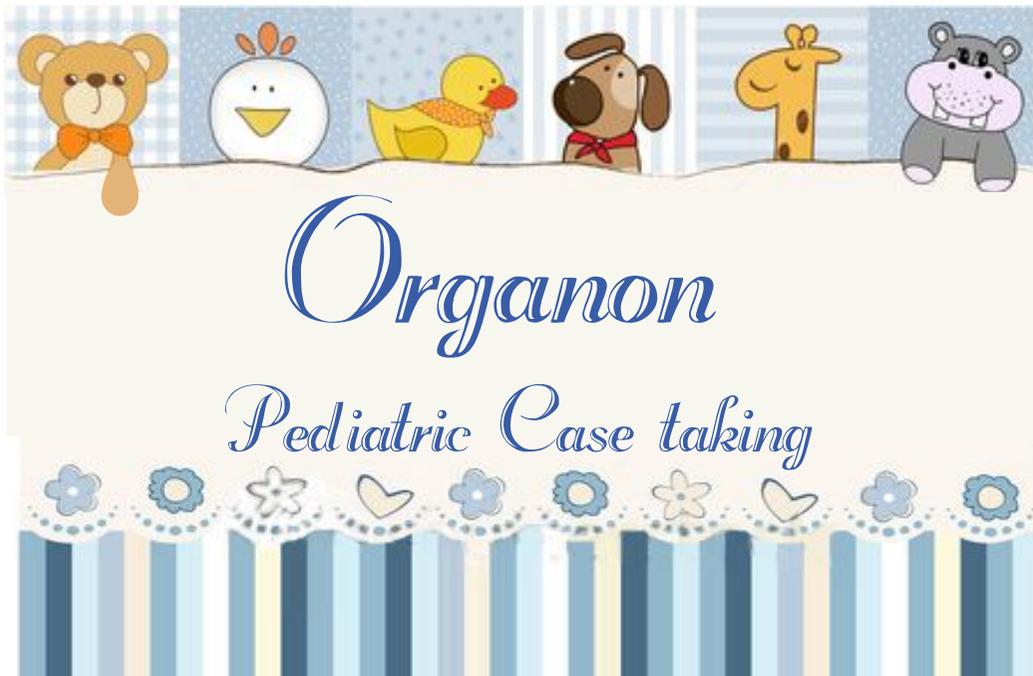
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Case taking in paediatric age group

Essentially history taking in a paediatric case remains the same (refer issue 1 of genetic code of homoeopathy).

The history starts as soon as the child enters our cabin.
As soon as child enters your clinic we need to see his activity.

Activity-Is he carried by his parents or he walks in independently and sits quietly or is he just running around and its difficult for his parents also to handle him or he just starts crying as soon as he enters. Calcarea, Baryta, Silica will enter either holding their parents hand and will sit quietly on their lap or their parents would be carrying them. Mercury, Tarentula will enter with a bang. They would be very restless and will not sit on the chair. They start jumping or running around in and out of your cabin .You are threatened by their presence.

INTROVERT/EXTROVERT

Does the child greet you or smile at you or is he feeling shy and hides behind the chair or his mother. How is he sitting? Is he sitting on his mother's lap or is he sitting independently on a separate chair? Is he answering questions on his own or he wants his mother to answer them or does he start asking you questions ?. This kind of behavior tells us if the child is shy ,timid,bashful,introverted or he is extroverted, talkative ,inquisitive, independent or a bold child. eg.Calcarea,Baryta are shy,timid,bashful,they may not answer your questions but Sulphur child will start talking and answering your questions from the moment he meets you ,he is very friendly where as Lachesis and Lycopodium would be initially shy but slowly and gradually when they realize that there is no harm to them from you ,they start talking to you.

Materia Medica

Tarentula Hispania



**Itsy Bitsy spider climbing up the spout
Down came the rain and washed the spider out
Out came the sun and dried up all the rain
Now Itsy Bitsy spider went up the spout again!**

Most of us, if not all of us, have grown up learning this rhyme in our childhood days. The lyrics to this nursery rhyme "Itsy Bitsy Spider" creates a finger rhyme for children. All children love trying to mimic the actions of Itsy Bitsy Spider song. The movements and actions of Itsy Bitsy Spider help children to improve their manual dexterity whilst repeating the words of the song. The name of the spider seems to vary but 'Itsy Bitsy spider' is believed to be the most popular version although in England 'Itsy Bitsy Spider' is known as 'Incy Wincy Spider'!

Little did we know the importance of this spider as we grew up to be Homoeopaths! This Spider group is a very useful handful of drugs in our materia medica. The spider group of drugs have a poisonous effect mainly in the blood and the nervous system.

The main points which lead us to the Spider Group are:-

- Their predominant action on the nervous system producing spasmodic diseases like chorea, hysteria, anxiety and trembling
- Restlessness is the hallmark of spiders
- Periodicity of complaints is another important pointer
- Over sensitiveness
- Nervous prostration
- Useful in serious and chronic complaints

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